



We strive to make Onyx Fit a clean and welcoming space for all.
Please follow these simple guidelines to ensure a pleasant experience for everyone.

Please sign up for classes online to secure your spot and arrive at least five minutes before your scheduled class to settle in.

Cancellation Policy

We get it; life happens BUT when an ONLINE cancellation is NOT made within 6 hours prior to class start time, it makes it difficult to notify other members that may be on the waitlist.

A \$20 NO SHOW fee will be automatically charged to the credit card on file or a class pass will be automatically deducted from pass holders.

Please bring your own yoga mat, boxing gloves & towel (when applicable).

Please clean up after yourself: return mats and props neatly to their proper places, ready for use by the next class.

Please leave your outerwear in the designated area by the back entrance or neatly in the front lobby.

Please refrain from using strongly scented products in the studio.

If you are new to the studio, or if you are dealing with an injury or any other limitation, please advise the trainer before the beginning of class.

Please stay home if you're not feeling well. Our team will also be following this policy!

Respect your body: challenge yourself, but go at your own pace and rest if you need to.